

Figure 1. Thalamocortical circuits proposed by Llinas et al. to subserve temporal binding. Shown are two main circuits supporting 40 Hz resonant synchronization. See text for details (Llinas et al., 1998)

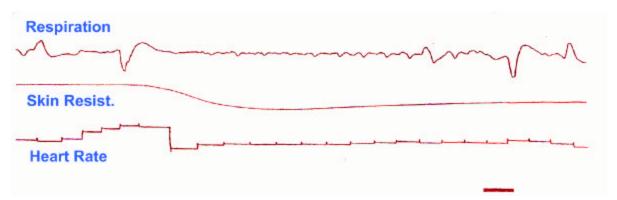


Figure 2. Period of spontaneous respiratory suspension correlated with the subjective experience of TC during the practice of the TM technique. An example of apneustic breathing (BR: exhale is down) with increasing skin conductance (EDA, increased conductance is down) and decreased heart rate (HR, increase is up). Time mark is 1 sec. (Modified from Travis & Pearson, 2000).